



JAPAN TRACK & FIELD GRAND PRIX SERIES

yogibo ATHLETICS CHALLENGE CUP 2023

Competition Important Points For The Athletes

1 COMPETITION RULES

This competition is to be held according to the 2023 WA rules, the 2023 JAAF rules and regulation for this meeting.

2 PRACTICE VENUE

(1) The practice is as shown in the table below.

Place	Event	29-Sep	30-Sep	1-Oct	Line & Place & Notes
Main Stadium (Denka Big Swan Stadium)	Track	/	after Competition ~18:30	after Competition ~19:00	/
			Only Cool down		
	High Jump	14:00~17:00	11:30~13:30	/	B Zone
	Long Jump	14:00~17:00	11:30~13:30	/	Back Pit
	Discus	/	12:00~13:30	/	A Zone
	Javelin	/	10:30~12:00	/	Only Run-up, Turn practice
Sub Stadium (Denka Swan Field)	100m	/	/	7:00~15:50	6•7•8Lane
	200m	/	/	7:00~16:50	3~5Lane (2corner~Finish)
	400m	/	/	7:00~16:00	3~6Lane (Finish~Backstaight)
	400mH	14:00~16:30	10:00~18:00	7:00~11:30	7•8Lane (5th unit)
	Long Distance	/	/	7:00~17:15	1•2Lane
	Relay	/	/	7:00~14:10	3~6Lane (Finish~Backstaight)
	High Jump	/	/	7:00~13:30	B Zone
	Long Jump	/	10:00~16:00	7:00~14:15	Home 2 pits
	Discus	14:00~15:30	10:00~13:00	12:00~14:50	/
Javelin	15:30~17:00	13:00~16:00 (Track Priority)	7:00~9:15 (Man Priority, Woman Possible) 9:15~12:00 (Only Woman)	A Zoon A Zoon	
Indoor		14:00~17:00	10:00~18:30	7:00~19:00	1~3Lane Sprint 4•5Lane Jogging

* Practicing on the grass is prohibited.

* Practicing used equipment is prohibited in indoor. (except Relay baton)

3 ROLL CALL

(1) The Call room will be located near Gate 4 of the Main Stadium.

The Athlete must move from sub stadium to Call room through the underground tunnel .

(2) Roll call times are as stated in the program.

(3) How to roll call

- ① Athletes must have their bibs, uniforms, shoes and trademarks checked.
- ② Receive the hip lane number sign and tie it on the spot slightly behind your right hip.
- ③ Competitors must enter and exit the venue according to the instructions of race officer.
- ④ Athletes who are late for the roll call completion time will be deemed to have abstained from the event.
- ⑤ The roll call must be made in person.

4 BIBS

(1) Bibs are prepared by the organizer. Attach the Bibs to the same size.

(2) Athletes participating in the track event receive a pair of hip number from competition officials and attach that to right side of hip.

(3) Athletes participating in jump events may attach their bib on either their chest or back.

5 TRADEMARKS

Athlete kit must be complied with the "MARKETING & ADVERTISING REGULATIONS "and complied with the WA Labeling Regulations. Follow instructions when asked to make corrections.

6 COMPETITION SHOES

WA Regulation TR5 applies to shoes used by athlete.

7 EVENT

(1) In track event, ALL athletes responsible for the FALSE START will be disqualified at once.

(2) The equipment used for the competition must be provided by the organizer.

Those who wish to bring in a throwing equipment that is not listed on the list or only one item must be tested at the equipment inspection area near the main entrance of the stadium one hour before the start of the competition. However, each person may bring in up to two items.

(3) Equipment that passes the test will be borrowed in bulk and shared by participating competitors, and the organizer will not be held responsible for any damage. Returns will be made at the equipment inspection area.

(4) All official practices for field events must follow the instructions of the competition officials.

(5) Any athlete giving or receiving assistance shall be warned by the Referee and advised that, if there is any repetition, he will be disqualified from that event. If an athlete is subsequently disqualified from event, any performance accomplished up to that time in the same round of that event shall not be considered valid. However, performances accomplished in a previous round of that event shall be considered.

8 HIGH JUMP PROGRESSION THE BAR (The schedule may change depending on weather and other conditions.)

	Practice	Progression the bar
Men	2m10	2m10 - 2m15 - 2m20 - 2m24 - 2m27 - 2m30 - 2m33

9 ABSENCES

If you are absent, immediately notify the Niigata Athletics Association of your absence by email or fax as soon as it is determined that you will be absent.

※ Start lists of track events will be announced one day before the competition.

10 DOPING CONTROL TEST

Doping control tests are carried out in accordance with the WA rules and JAFF rules.

Nominated athletes must follow the instructions of doctors and race officials.

11 TUE APPLICATION

Athletes who are forced to use prohibited substances or prohibited methods specified in the Prohibited List International Standards for the purpose of treating an illness must apply for a "Therapeutic Use Exception" (TUE).

12 ENTRANCE MANAGEMENT AND PREVENTION OF UNWANTED PHOTOGRAPHY(For Japanese)

This Competition is expected to attract an unspecified number of visitors as admission is free.

Admission management for all visitors will be conducted using the app "Teresa".

Please register on the app in advance and cooperate with the safe and secure operation of the competition.

Please register the app by 12:00 on Friday, September 29th.

Required when registering for athletes and team personnel, issuing photography permits, and issuing AD cards.

【For iPhone】 <https://apple.co/2EqnhJo>

【For Android】 <https://bit.ly/2FR4kAm>



13 OTHERS

(1) Changing rooms will be located within the main stadium and the indoor practice area.

Please use the changing rooms only for changing clothes, and take care of your valuables at your own risk.

(2) Athletes and team persons must wear AD card in the stadium.

(3) Do not enter stadium facilities (stands, etc.) while wearing spiked shoes.

(4) All athletes must exit through the mixed zone.

(5) If you require first aid or have any other health problems, please contact the medical office.

(6) First aid for injuries sustained during the competition will be provided by the organizer, but any subsequent treatment will be covered by the accident insurance purchased for this event.

(7) Medals and certificates will be awarded to 1st to 3rd place in all categories, and certificates to 4th to 8th place.

Athletes participating in the awards ceremony must wear top and bottom jerseys and have athlete bibs tied to their chests.

4th to 8th place in GP events and 1st to 8th place in challenge events must come to the awards room (opposite the mixed zone) to collect their medals and certificates.

(8) Stadium will open at 13:30 29th-Sep, at 9:30 30th-Sep, at 6:30 1st-Oct.

Athletes' waiting areas at this stadium will be the 1st floor concourse of the stands and the permitted areas in the sub stadium. Athletes' waiting areas are prohibited in front of restrooms, emergency exits, viewing areas where wheelchairs are prioritized, the underground tunnel from sub stadium to main stadium and indoor track.

(9) If any questions, please contact the Technical Information Center (TIC) located at the front entrance of the main stadium.

TIC will open at 13:30~17:00 29th-Sep, at 9:30~18:30 30th-Sep, at 6:30~19:00 1st-Oct.

For other times, please contact the competition office.

(10) Please take all trash home with you. (Do not keep it.)

(11) After the first day, equipment will be stored in the underground passageway from the sub stadium to the indoor track and in the equipment storage area of the auxiliary field.

However, each person must manage it at their own responsibility.

Also, secure a passageway and keep it so that it does not obstruct entry and exit.

(12) Photography from the stands is only permitted if you have a photography permit or are carrying an AD.

(13) Photographs and videos taken by tournament officials have the right to be used by the organizer, JAFF and the Niigata Athletics Association, and may be used to disseminate information on social media, etc. Please note.

(14) Banners, etc. with team names, company names, and individual names are prohibited within the main stadium.

14 MEDICAL INSTITUTION

Niigata Municipal Hospital 463-7 Kanegi, Chuo-ku, Niigata City TEL 025-281-5151

15 COMPETITION RESULTS

【Competition results breaking news site】

<https://nrkk.net/eventresult/2023YogiboACC/shtml/TimeTable.html>

